

# Safe Driving

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## Accident Avoidance

# Avoiding an Accident

## Keep Your Visibility High

- Many accidents are caused by two elements of nature: sun and rain.
- In sunny weather most people do not consider hazards of low visibility. A pair of sunglasses can help when facing direct sun.
- In the rain, make sure your windshield wipers are in good working order.

# Avoiding an Accident

## Let Others See You

- It's important to help other drivers SEE YOU.
- Leave your headlights on even during the day.
- Studies have shown that having headlights on during daylight hours increases visibility and reduces accidents.

# Avoiding an Accident

## Calm Down

- Driving while extremely upset is just as bad as driving drunk.
- If you are extremely angry, sad, nervous, or sick, you cannot pay attention to your driving. And even if you try to pay attention, your driving may still be impaired.

# Avoiding an Accident

## Back Off!

- A major cause of accidents is following TOO CLOSELY.
- Always leave more distance between you and the car in front of you than you think you need. When it's raining, double the distance. Remember the 2-SECOND RULE.

# Avoiding an Accident

## Keep Distractions Away

- Cell Phones, Automated Direction Systems, Newspapers, Razors...all of these are an accident waiting to happen in the car.
- Even if you could drive perfectly while doing other tasks, you are still less able to compensate for mistakes of other drivers.
- Driving requires your full attention.

# Avoiding an Accident

## Your Responsibility

- Use these tips to help make a safer road for ALL of us.
- Remember, ALWAYS buckle up.